

The logo for the University of Bordeaux features a blue diagonal stripe in the top-left corner. The text 'université de BORDEAUX' is centered. 'université' is in a dark brown sans-serif font with blue highlights on the 'u', 's', and 'é'. 'de' is smaller and positioned below 'université'. 'BORDEAUX' is in a bold, dark brown sans-serif font.

université
de **BORDEAUX**

M1 ISPED

PSP 101

English 2022-23

Module 1

What is public health?

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Getting to know you

Find out.....

Find out who travelled the furthest for this Master's course.. 1	Find out how many people have spent time in an English-speaking country... 2	Find out who speaks the most languages... 3
Find out how many people would like to work abroad... 4	Find out who was born the furthest from Bordeaux 5	Find out how many people have a career plan 6
Find out how many people do sport regularly? 7	Find out how many people play a musical instrument 8	Find out how many people had a summer job 9
Find out how many people have already worked 10		

Getting to know you

Find out.....

- What your partner did in the summer
- Where they come from
- What they like to do in their spare-time
- If they have spent any time in an English-speaking country
- How many languages they speak

→ Tell us one thing about your partner which will help us remember them...

Course description 1/4

→ Organisation

Face to face classes + online work to prepare for the class + 5 activities of personalised pathway in the Espace Langues + tutorials to prepare for your oral presentation

→ Objectives

- more autonomous
- authentic documents on public health subjects linked to PSP 101 classes
- reading strategies
- listening strategies, audio & video documents
- techniques for oral presentations
- interacting with peers

→ Assessment

Continuous assessment

- oral presentation (group work) in January /20, (examining panel SB & FA)
- Speaking assignment on classwork /10
- validation of EL activities & reflective diary /10

Course description 3/4

- Moodle (formatoile)
 - preparation for the face to face class
 - class materials
 - forum

- Espace Langues (Carreire and Victoire site)

- Evening classes recommended for A1/A2.

The oral presentation 4/4

- 20-25 minutes in groups of 4/5
- Choice of subject and groups (with Isped teachers)
- References in French and English.
- 5-10 slides (including a photo, table, graph)
- Introduce the subject and **justify why it is a public health problem**
- Cite your sources
- Reformulate (not taken directly from written report)
- Feedback on slides and practice run in tutorial sessions in January.

Module 1 What is public health?

- Pre-focusing. Before watching the video, think about these questions, make notes individually and then discuss with your peers.
- What is health?
- What is public health?
- How is it different to clinical medicine?
- Who is responsible for doing public health?
- What are the determinants of health?
-
- What are the core areas of public health?

Your story

- Why did you choose to do a Master's degree in public health?
- What expertise have you brought with you from your undergraduate degree/professional experience?
- In which area of public health are you most interested?
- Where do you see yourself in 5 years' time?
- What, for you, are the most important achievements in public health over the last 20 years?
- What are the most important goals for the future?

Now watch the video and complete these exercises 1/2

1. Re-order the elements below to form the WHO's definition of health.

as a state of / the World Health Organization / and social well-being / defines health / mental / complete physical /

2. Complete the blanks to complete the definition of public health

Public health involves p..... disease, p..... life and p..... health through society.

3. Explain in a few words how public health differs from clinical medicine.

Take the example of a car accident. From a public health approach, which domains might be investigated?

Exercises 2/2

4. Add the necessary punctuation and spacing to give the same information as the video.

healthisdeterminedbyacomplexinteractionbetweenmanydifferentfactorssuchasindividual characteristicslifestyleandbehaviorsandalsothephysicalsocialandeconomicenvironmentsthesoc ialdeterminantsofhealth

5. Correct the following statement.

Public health departments are solely responsible for public health.

6. List the three core areas of public health and give examples for each one.

P.....	P.....	P.....
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Match the beginnings and ends to form word groups that you hear.

accurate	workforce
commitment	information
good	for actions
relevant	governance
well-trained	research



- 1. The World Health Organization defines health as a state of complete physical, mental and social well-being.**
2. Public health involves **preventing** disease, **prolonging** life and **promoting** health through society.
- 3. Doctor = immediate health problem, treating individual.
Public health approach is holistic – how, why, how to prevent.**

Example of car accident

- - vision
- - driving skills, attitude
- - substance abuse (law enforcement)
- - community expectations
- - support for recovery/prevention
- road safety
- car safety
- economic factors (linked to job, education)
- access to health services

KEY 2/2

4. Health is determined by a complex interaction between many different factors such as individual characteristics, lifestyle and behaviors and also the physical, social and economic environments, the social determinants of health.
5. All sectors of society (government, private sector, ngos, international organizations).
- 6.

Protection	Promotion	Prevention
Infectious diseases, environmental hazards, healthy work-place, managing emergencies	Improving health through behaviours, social determinants	Vaccination, screening

Accurate information
Commitment for actions
Good governance
Relevant research
well-trained workforce

Top 10 public health achievements worldwide:

Reduction in child mortality / vaccine-preventable diseases / safe water / malaria prevention and control / prevention/control of HIV/AIDS / tuberculosis control / control of neglected tropical diseases / tobacco control / road safety / improved preparedness and response to global health threats.

Online quizzes

→ Why is antibiotic resistance a problem in developing countries?

→ Global health quiz

→ Key public health vocabulary

→ Review of tenses

Now, currently...

In recent years...

3 years ago...

In 2010....

Last year....

For next week

→ Online work –module 2 A good Presentation / shadowing.

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Chapitre 2