

1. Re-order the elements below to form the WHO’s definition of health.

The World Health Organization defines health as a state of complete physical, mental and social well-being.

2. Complete the blanks to complete the definition of public health.

Public health involves **preventing** disease, **prolonging** life and **promoting** health through society.

3. Explain in a few words how public health differs from clinical medicine.

Doctor =immediate health problem, treating individual. Public health approach is holistic – how, why, how to prevent.

Take the example of a car accident. From a public health approach, which domains might be investigated?

- vision
- driving skills, attitude
- substance abuse (law enforcement)
- community expectations
- support for recovery/prevention
- road safety
- car safety
- economic factors (linked to job, education)
- access to health services

4. Add the necessary punctuation and spacing to give the same information as the video.

Health is determined by a complex interaction between many different factors such as individual characteristics, lifestyle and behaviors and also the physical, social and economic environments, the social determinants of health.

5. Correct the following statement.

Public health departments are solely responsible for public health.

All sectors of society (government, private sector, ngos, international organizations)

6. List the three core areas of public health and give examples for each one.

Protection	Promotion	Prevention
Infectious diseases, environmental hazards, healthy work-place, managing emergencies	Improving health through behaviours, social determinants	Vaccination, screening

Match the beginnings and ends to form word groups that you hear.

Accurate information
Commitment for actions
Good governance
Relevant research
well-trained workforce

Top 10 public health achievements worldwide:

Reduction in child mortality / vaccine-preventable diseases / safe water / malaria prevention and control / prevention/control of HIV/AIDS / tuberculosis control / control of neglected tropical diseases / tobacco control / road safety / improved preparedness and response to global health threats.